

Ladies Waxing Treatments

- Eyebrow wax £6.75
- Fore arm £11.00
- Upper lip wax £5.00
- Chin wax £5.50
- Eyebrow/upper lip/chin £15.00
- Full arm £16.00
- Under arm wax £8.00
- Abdomen wax (from) £5.00
- Bikini line wax £8.00
- Lower leg wax £15.00
- Top leg wax £16.00
- Three quarter leg wax £17.50
- Full leg wax £20.00
- Lower leg & underarm £22.00
- Lower leg & bikini & underarm £27.00
- Lower leg & bikini £20.00
- Full leg & bikini £25.00
- Full leg bikini & underarm £32.00
- Feet & toes (from) £4.00

Waxing has the longest lasting results of all temporary hair removal techniques with three to six weeks before the hair we have removed re-grows.

Male Waxing Treatments

- Eyebrows trim & shape £6.75
- Neck £5.50
- Throat £8.00
- Shoulders £11.00
- Chest & tummy £20.00
- Chest & back £30.00
- Lower back £8.00
- Back & shoulders £18.00
- Underarms £8.00
- Forearms £11.00
- Full arms £16.00
- Tummy wax £6.00
- Speedo wax £10.00
- Thong wax £14.00
- Bum cheeks wax (Inc strip on lower back) £12.0
- Top leg wax £16.00
- Lower leg wax £15.00
- Full leg wax £20.00

Manicure Treatments

- Care of the natural nail, hand soak, cuticle work, massage and polish.
- File & polish £8.00
- Mini Manicure £10.00
- Deluxe O.P.I Manicure £20.00
- Reflexology Manicure £35.00
- Gel Nails £35.00
- Acrylic Nails £45.00

Pedicure

- A peppermint foot soak, nail and cuticle work, exfoliation, relaxing foot massage and polish.
- File & polish £8.00
- Mini Pedicure £16.50
- Spa Pedicure £22.50
- Reflexology Pedicure £40.00
- The perfect blend of beauty and relaxation. The Classic Pedicure combined with rhythmic acupressure foot massage

Eye Treatments.

- Enhancing the colour of your eyes excellent for your holidays.
- Eyelash Tint £11.00
- Eyebrow Tint £4.50
- Eyebrow & Eyelash Tint Combo £14.00
- Eyelash extensions half set £12.00

Tanning

- St Tropez tanning £35.00
- (A gentle exfoliation of the body followed with a flawless application of St Tropez self tanner, which is then buffed to achieve a healthy looking tan.)

Therapeutic treatments

- | | 30 mins | 60 mins |
|---|---------|---------|
| Indian head massage | £20 | £40 |
| Reflexology | £20 | £40 |
| Aromatherapy massage | £20 | £40 |
| Reiki | £20 | £40 |
| Hopi Ear Candles £20 (for both ears) | | |
| Swedish style neck, back and shoulder massage | £20.00 | |
| Swedish style full body massage | £40.00 | |

MDA Microdermabrasion Treatments

This unique service combines the highly effective treatment of Microdermabrasion facials and bodywork with Anti-aging and deep relaxation, producing a subtle yet profound feeling of well being for both men and women. Here is something to suit all skin types from removing blemishes blackheads and congestion to hydrating and reducing fine lines and wrinkles.

MDA Preparation £15.00

Using a controlled method of exfoliating the outer layers of the skin., while increasing collagen elastin formation and firming of the skin, excellent for acne scarring congested and dull hydrated skin, leaving the skin feeling fresh and alive.

MDA Crystal Clear “Bright Eyes” £35.00

A wonderful facial with the addition of Eye pads to improve skin tonicity around the eyes. Reducing puffiness and discoloration, eases fine lines.

MDA Back shine £35.00.

The skin is first treated to the removing of pimples and dry skin along with improving skin tone leaving the skin instantly looking and felling smoother and brighter. To finish a skin serum is applied and fine mist of tonic very relaxing.

MDA 40 min Treatment £50.00

A luxurious facial that is a deep pore cleanser which also includes a lifting technique for the eye area cheeks and jowl. Finishing with a soothing hydrating mask, this leaves your skin brighter, improving the skin tone, and improving the hydration of your skin.

MDA The Back Treatment £50.00

The most gentlest but Intense MDA is used to remove as much impurities from the skin blackheads etc, then you soothing acne control mask is applied to soothe the area to complete your treatment.

MDA Deluxe Treatment £75.00

Your most luxuries microdermabrasion with your relaxing face mask to sooth the skin while having a choice of one of the following a hand massage or foot massage.

You may add to the relaxation of any treatment a reflexology hand massage or Reflexology foot massage

THE CHOICES RANGE

Featuring the Crystal Clear skin care line, each facial gives lasting suppleness and hydration to all skin types. Each facial is customized to reflect the skin care concerns and needs of the client.

Mini Lift Mask Lift £30.00

A wonderful treat for those times you don't need any microdermabrasion but want to improve the look of your skin, with regular use this mask can reduce fine lines & wrinkles by 27%. It helps you to achieve radiant skin.

The Party Facial £35.00

This treatment is excellent for freshening up the complexion for a special day. The skin is gently cleansed and exfoliated to create smooth brighter skin. A relaxing and hydrating mask is then applied before finishing with an application of protective moisturiser.

Pro-Active Acne Treatment £35.00

This unique acne treatment acts on the reducing the excess sebum making it an excellent treatment for the management of acne prone skin.

The eyes have it £35.00

An ideal treatment to lift, smooth and hydrate the fine delicate skin around the eyes creating a look that is a noticeable younger and fresher.

Especially For Men £50.00

Daily shaving can strip the skin of its natural oils, leading to dryness, sensitivity and premature aging. This facial soothes and nourishes the skin, leaving a smoother and more suppled texture.

Luxury Booster (crème de la crème) £65.00

Excellent for a deep pore cleansing breathing life back into your complexion. The total look to hydrate the skin for that very special day. Followed by an intense nourishing mask to help with suppleness and soften fine lines and wrinkles. A very relaxing and soothing facial. Leaving the skin radiant and you totally relaxed.

- Microdermabrasion (£15.00 to £75.00)
- (Therapeutic Massage (£30.00 to £50.00)
- Indian Head Massage (£20.00)
- Aromatherapy Massage (£20.00 to £50.00)
- Reiki (£20 to £40)
- Body toning clinic (Inc loss) (£150.00 for 12)
- Manicure - Pedicure (£8.00 to £40.00)
- Waxing (£4.00 to £32.00)
- Facials (£15.00 to £70.00)

That Special day package (and gift vouchers)

Spa Policy

Hours by Appointment
Day and Evening appointments
Monday to Saturday

SCHEDULING SUGGESTIONS

Two weeks in advance is recommended to schedule appointments for the widest range of availabilities. Multiple services or multiple persons may require longer, especially during peak seasons. I make every effort to accommodate your schedule. Your patience is appreciated.

CANCELLATIONS

Appointment time is valuable and reserved just for you. In order for others to enjoy services, kindly allow 24 hours notice in the event of cancellation or rescheduling of your appointment. 48 hours notice for packages is greatly appreciated. Late cancellations or no shows may incur cancellation fee. Thank you in advance for your understanding.

Gift vouchers are available for all treatments. but unfortunately non-transferable from departments of * beauty * reflexology * body toning clinic, and are non-refundable. Gift vouchers expire after three months of date purchased. Please Cheque prices for annual increases Prices subject to change without notice. This does not affect your gift vouchers.

The Body Toning Clinic & Beauty Zone

Beauty Zone Price List

- Microdermabrasion
- (Therapeutic Massage
- Indian Head Massage
- Aromatherapy Massage
- Reiki
- Body toning clinic (Inc loss)
- Manicure - Pedicure
- Waxing
- Facials
- That Special day package (and gift vouchers)

The Body Toning Clinic & Beauty Zone
119a Glasgow Road, Edinburgh EH28 8TB
Tel: 0131 333 3545

Open Mon-Fri 8am-8pm, Sat 9am-5pm

Monday to Saturday
Day and Evening Appointments Available

Gift Vouchers Available for All Occasions